

Tara Alemany

THE BEST IS YET TO COME

It's easy to get caught up in the wherefores and whys of Life sometimes, and forget that there's a purpose and a plan for our lives. Getting stuck looking backward rather than embracing the past and moving forward is a trap we all are faced with. So, what do you do when the past seems more than you can handle and the future is too frightening to think about?

Tara Alemany helps us examine who we were created to be so that we can purposefully step into our authentic selves and live the life of blessing God had planned for us all along.

TITLE & TOPICS OF TALKS

Stepping Into Your Authenticity

What walls have you erected to keep people out or hold yourself in? Have you ever wondered what's on the other side of them? In living her own Year Without Walls, speaker Tara Alemany discovered a simple secret. Not only do walls keep people out, they keep joy, connection, purpose, passion and many other things at bay as well.

Learn how to stand firm in who you are based on understanding your gifts and talents, stepping into your authentic self and flourishing from there!

Waiting for God's Best

We all want the best for ourselves — the best homes, the best lives, the best mates. But do you know enough to choose the best for yourself? It's not as easy as it sounds. We can let our own fears and self-doubts get in the way so that ultimately we settle for less than God's best.

Learn how to identify what's best for you, while preparing yourself mentally, emotionally and spiritually to recognize it when it comes along!

Overcoming Life's Obstacles

Phil 4:13 assures us that "I can do all things through Christ, who strengthens me," but what does that look like in real life? When challenges come, it doesn't mean

we're shielded from hurt or pain. What we are promised is that Christ, living within us, will give us what we need to get back up and start again.

Learn how to revel in that Victory even as you experience Life's pain.

The Best is Yet to Come

Tara shares a very personal story of love and loss in the Internet Age and the lessons learned as she looked beyond herself.

Learn how she found the strength to overcome grief even in the darkest days of her life, ultimately believing that the best is yet to come!

Tara's integrity and authenticity is so real that while I was listening to her talk recently, you could literally hear everyone in the room breathing — they were so enthralled with what she had to say.

— **Jeffrey Hayzlett,**
Global Business Celebrity and
Best-Selling Author



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TARA ALEMANY IS A BEST-SELLING AUTHOR AND SPEAKER. She speaks frequently on social media and leadership topics at both local events and larger conferences. She has also made appearances on a variety of podcasts and TweetChats. In 2013, Tara is releasing this new series of talks sharing lessons learned while overcoming the unexpected death of her fiancé in October 2011.

As the owner and founder of **Aleweb Social Marketing**, Tara helps personal brands build a comprehensive online platform, including strategy development, website creation, social profile implementation, and on-going training and support.

She is a recognized thought leader, and is known to many as “*The Teacher of Technophobes and Trendsetters*” due to the expanse of her knowledge and how accessible she makes her information.

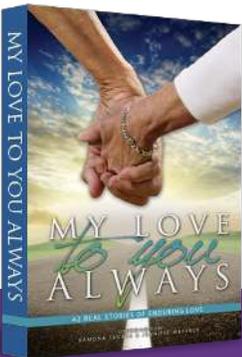
Tara is also a blogger and guest blogger on a variety of websites, including *The Conversations Around Us*, *Lead Change*, *Business2Community*, *Forest Haven* and others. She is a frequently quoted source in the media.

Tara's guiding principle in speaking, writing and consulting comes from Ephesians 4:29.

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

She's found these simple words of wisdom to be effective in every environment. To build others up, you first have to seek to know another. It's through these connections that life becomes richer.

Tara defies a simple definition. A born-again Christian since August 1997, she is also a martial artist, musician, short-term missionary, mentor, juggler, Bible study leader and friend. In her spare time, she serves on the Board of Directors of a non-profit ministry and serves as Chaplain of her local *Word Weavers* group, as well as sitting on its Board. Every day, she is Mom to 2 teenagers (one of each), who have taught her more about God's love and forgiveness than anyone else possibly could.



There is a deep river of quiet strength and resilience that comes from Tara's story. It's a message that touches all of us — a message of hope, a message of rediscovery and (ultimately) a message of personal triumph.

— **Chris Westfall**,
National Elevator Pitch champion and
author of *The NEW Elevator Pitch*

As someone who is rediscovering her faith in Christ, Tara's story and wisdom has been particularly inspiring and helpful to me. Warm and authentic, she has a way of making you feel both safe and motivated to challenge yourself to be who you really are in all areas of your life.

— **Susan Mazza**
President, *Clarus Consulting Group*



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Lessons Learned From a Year Without Walls

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